



Rose Cottage Café

- MENU -

MR SPROUTS PLOUGHMAN'S

Our hearty ploughman's offers the countryside on a plate. Gala pie, Cheddar cheese, brie, silverskin onions, piccalilli, coleslaw, seeded bread roll, butter or spread and a dressed salad garnish. (Contains: Gluten from wheat, milk, egg, sulphites)

8.75

MR SPROUT'S VEGETARIAN PLOUGHMAN'S ^v

Our hearty vegetarian ploughman's offers the countryside on a plate. Boiled egg, Cheddar cheese, brie, silverskin onions, piccalilli, coleslaw, seeded bread roll, butter or spread and a dressed salad garnish. (Contains: Gluten from wheat, milk, egg, sulphites)

8.25

MILLETS SAUSAGE ROLL

Two hot Millets homemade sausage rolls served with a dressed salad garnish and coleslaw. (Contains: Gluten from wheat, egg, sulphites)

8.75

CHICKEN CAESAR SALAD

Succulent chicken breast, crisp lettuce, parmesan cheese and seasoned croutons, drizzled with a creamy Caesar dressing. (Contains: Gluten from wheat, barley, milk, egg, fish, mustard)

8.75

SPICED SUMMER SWEET POTATO FALAFEL SALAD ^{v, Ve}

Sweet potato falafels accompanied by a mixed grain and vegetable salad with chickpeas, quinoa, broad beans, mixed peppers and tomatoes in a green curry dressing, served with a vegan mint yoghurt dip. (contains: Celery, soya)

8.75

JACKET POTATO

A garlic, thyme and rosemary baked potato, served with a dressed salad garnish and butter or spread (Butter contains milk)

Tuna Mayonnaise (Contains: Fish, egg)

Cheddar Cheese ^v (Contains: Milk)

Colesaw ^v (Contains: Egg)

Baked Beans ^{v, Ve}

Vegan Cheese ^{v, Ve}

Avocado Chilli Smash ^{v, Ve}

Pulled Pork (Contains: Gluten from wheat)

Piri Piri Chicken

8.75

Extra fillings 1.50 each

TOASTED PANINI

A freshly prepared panini served with a dressed salad garnish and coleslaw.

(Contains: Gluten from wheat, rye, barley, egg)
Gluten free panini available

Cheddar Cheese and Tomato ^v

(Contains: Milk)

Tuna Melt

(Contains: Milk, fish, egg)

Chicken, Bacon, Cheese and BBQ Sauce

(Contains: Gluten from wheat, barley, soya, milk, celery)

Vegan Cheese and Tomato ^{v, Ve}

Brie, Bacon and Caramelised onion

(Contains: Milk, sulphites)

8.75

FILLED BAGUETTES & BAPS

Freshly prepared white or granary baguette or Millets bap served with a dressed salad garnish and coleslaw.

(Contains: Gluten from wheat, barley, egg)
Gluten free baps available.

Tuna Mayonnaise (Contains: Egg, fish)

Cheddar Cheese with optional Tomato or Pickle ^v

(Contains: Milk) (Pickle contains: Gluten from barley, sulphites)

Vegan Cheese with optional Tomato or Pickle ^{v, Ve}

(Pickle contains: Gluten from barley, sulphites)

Avocado Chilli Smash ^{v, Ve}

Pulled Pork

(Contains: Gluten from wheat)

Piri Piri Chicken

Millets Farmhouse Sausage

(Contains: Gluten from wheat, sulphites)

Vegan Sausage with optional Caramelised Onion ^{v, Ve}

(Contains: Sulphites)

Egg and Cress Mayonnaise ^v

(Contains: Egg)

Ham with optional Tomato or Pickle

(Pickles contains: Gluten from barley, sulphites)

8.75 / 8.00

TWO AMERICAN STYLE PANCAKES WITH MAPLE SYRUP ^{v, Ve}

Extra pancake 1.50 each

(Contains: Gluten from wheat)

3.50

MILLETS TOASTED TEACAKE ^{v, Ve}

A lightly toasted teacake served with strawberry jam, butter or sunflower spread.

(Contains: Gluten from wheat, soya)

(Butter contains: Milk)

Gluten free teacake available.

3.95

Allergens

Rose Cottage is a nut free café, but please note our bakery products come from our main bakery that uses nuts. Whilst we do our best to reduce the risk of cross-contamination, all our dishes are prepared in kitchens that handle other allergens and are cooked in the same ovens. Therefore, unfortunately we can never 100% guarantee any dish will be free from traces. All allergens are correct at the time of printing but can change. Please let us know when ordering if a member of your party has a food allergy, so we can take extra care.



Rose Cottage Café

- MINI MENU -

MINI MILLETS SAUSAGE ROLL

A hot Millets homemade sausage roll with cherry tomatoes, cucumber sticks and crisps.

(Contains: Gluten from wheat, egg, sulphites)

5.25

MINI PIZZA

A Millets handcrafted pizza, smothered in a tomato sauce and topped with Mozarella cheese, served with cherry tomatoes, cucumber sticks and crisps.

Gluten free bases available, but are cooked in the same ovens as non-gluten free products.

Cheese
(Contains: Milk)

Chicken and BBQ Sauce drizzle
(Contains: Gluten from wheat, barley, soya, milk)

Vegan Cheese V, Ve

5.25

MINI MILLETS SAUSAGE IN A BUN

A hot sausage served in a freshly baked white or granary Millets bun with cherry tomatoes, cucumber sticks and crisps.

(Contains: Gluten from wheat, barley, sulphites)

4.00

MINI BAKED BEANS ON MILLETS FARMHOUSE TOAST

 V, Ve

Gluten free bread available

A round of white or granary Millets Farmhouse toast with baked beans.

(Contains: Gluten from wheat, barley, soya)

3.00

MINI TOASTED PANINI

Half a freshly prepared panini served with cherry tomatoes, cucumber sticks and crisps.

(Panini contains: Gluten from wheat, rye, barley)

Cheddar Cheese and Tomato V
(Contains: Milk)

Vegan Cheese and Tomato V, Ve

Tuna Melt
(Contains: Milk, fish, egg)

Chicken, Bacon, Cheese and BBQ Sauce
(Contains: Gluten from wheat, barley, soya, milk)

Brie, Bacon and Caramelised Onion

(Contains: Milk, Sulphites)

5.25

Allergens

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MINI JACKET POTATO

Half a garlic, thyme and rosemary baked potato, served with cherry tomatoes and cucumber sticks.

Tuna Mayonnaise (Contains: Egg, fish)

Cheddar Cheese V (Contains: Milk)

Coleslaw V (Contains: Egg)

Vegan Cheese V, Ve

Baked Beans V, Ve

Avocado Chilli Smash V, Ve

Pulled Pork (Contains: Gluten from wheat)

Piri Piri Chicken

4.50

Extra fillings 1.30 each

TWO AMERICAN STYLE PANCAKES WITH MAPLE SYRUP

 V, Ve

Extra pancake 1.50 each
(Contains: Gluten from wheat)

3.50

MILLETS TOASTED TEACAKE

 V, Ve

A lightly toasted Millets teacake served with strawberry jam and butter or sunflower spread.

(Contains: Gluten from wheat, soya) (Milk from butter)
Gluten free teacake available.

3.95

MRS SPROUTS PICNIC MEDLEY

For a quicker bite, choose from the selection of ready-made items in our picnic display, including ham or cheese mini roll, cheese portion and crackers, carrot and cucumber sticks, pom bear crisps, yoghurt, sweet treats, fresh fruit and a selection of drink cartons.

6 Items: 6.75

7 Items: 7.50

8 Items: 8.25

Additional Items 1.30 each

BANANA SUNDAE 4.75

Sliced fresh Banana, ice cream, whipped cream, honeycomb and toffee sauce. (Contains: Milk)

STRAWBERRY AND MERINGUE SUNDAE 4.75

A mix of meringue, fresh strawberries, ice cream and whipped cream all topped with strawberry sauce.

(Contains: Egg, milk)

CHOCOLATE BROWNIE SUNDAE 4.75

Millets brownie, ice cream and whipped cream smothered in chocolate sauce. (Contains: Gluten from wheat, milk)

BERRY SMOOTHIE 2.75

A delicious creamy fruity thick smoothie packed full of berries. (Contains: Milk)

BANANA SMOOTHIE 2.75

A delicious creamy thick smoothie loaded with bananas.

(Contains: Milk)